

SRI HANUMAN CHALISA



With love from
Hanuman Maui

śrī guru caraṇa saroja raja
nija mana mukura sudhāri
baranau raghubara bimala jasu
jo dāyaka phala cāri
buddhihīna tanu jānike
sumiraū pavana kumāra
bala buddhi vidyā dehu mohī
harahu kaleśa bikāra

siyā vara rāmacandra
pada jaya śaranam

jaya hanumāna jñāna guṇa sāgara
jaya kapīsa tihū loka ujāgara
rāma dūta atulita bala dhāmā
añjani putra pavanasuta nāmā

mahābīra bikrama bajaraṅgī
kumati nivāra sumati ke saṅgī
kañcana barana birāja subesā
kānana kuṇḍala kuñcita kesā

hātha vajra au dhvajā birājai
kaṅdhe mūñja jane-ū sājai
śaṅkara suvana kesarī nandana
teja pratāpa mahā jaga bandana

vidyāvāna guṇī ati cātura
rāma kāja karibe ko ātura
prabhu caritra sunibe ko rasiyā
rāma lakhana sītā mana basiyā

sūkṣma rūpa dhari siyahī dikhāvā
bikaṭa rūpa dhari laṅka jarāvā
bhīma rūpa dhari asura saṅhāre
rāmacandrajī ke kāja saṅvāre

lāya sajīvana lakhana jiyāye
śrī raghubīra haraṣi ura lāye
raghupati kīnhī bahuta baṛā-ī
tuma mama priya bharatahi sama bhā-ī

sahasa badana tumharo jasa gāvāī
asa kahi śrīpati kaṅṭha lagāvāī
sanakādika brahmādi munīsā
nārada śārada sahita ahīsā

yama kubera digapāla jahān te
kabi kobida kahi sakaī kahān te
tuma upakāra sugrīvahī kīnhā
rāma milāya rāja pada dīnhā

tumharo mantra vibhīṣana mānā
lankeśvara bha-e saba jagā jānā
yuga sahasra yojana para bhānū
līlyo tāhi madhura phala jānū

prabhu mudrikā meli mukha māhīn
jaladhi lāñghi gaye acaraja nāhīn
durgama kāja jagata ke jete
sugama anugraha tumhare tete

rāma duāre tuma rakhavāre
hota na ājñā binu paisāre
saba sukha lahai tumhārī śaranā
tuma rakṣaka kāhū ko ḍara nā

āpana teja samhārau āpai
tīnō loka hāñka tē kāñpai
bhūta pisāca nikaṭa nahī āvai
mahābīra jaba nāma sunāvai

nāsai roga harai saba pīrā
japata nirantara hanumata bīrā
sañkaṭa se hanumāna chuṛāvai
mana krama bacana dhyāna jo lāvai

saba para rāma tapasvī rājā
tina ke kāja sakala tuma sājā
aura manoratha jo ko-ī lāvai
so-ī amita jīvana phala pāvai

cārō yuga paratāpa tumhārā
hai parasiddha jagata ujjārā
sādhu santa ke tuma rakhavāre
asura nikandana rāma dulāre

aṣṭa siddhi nau nidhi ke dātā
asa bara dīna jānakī mātā
rāma rasāyana tūmhare pāsā
sadā raho raghupati ke dāsā

tumhare bhajana rāmajī ko pāvai
janma janma ke dukkha bisarāvai
antakāla raghubara pura jā-ī
jahāñ janma hari-bhakta kahā-ī

aura devatā citta na dhara-ī
hanumata se-i sarva sukha kara-ī
sañkaṭa kaṭai miṭai saba pīrā
jo sumirai hanumata bala bīrā

jai jai jai hanumāna gosā-ī
kṛpā karahu gurudeva kī nā-ī
jo śata bāra pāṭha kara ko-ī
chūṭahi bandi mahā sukha ho-ī

jo yaha paṛhe hanumāna cālīsā
hoya siddhi sākhī gaurīsā
tulasīdāsa sadā hari cerā
kījai nātha hṛdaya mahā ḍerā

pavana tanaya sañkaṭa harana
mañgala mūrati rūpa
rāma lakhana sītā sahita
hṛdaya basahu sura bhūpa

siyā vara rāmacandra pada jaya śaranam

mañgala mūrati māruta nandana
sakala amañgala mūla nikandana

Hanuman Chalisa Pronunciation Guide:

- a as in cut
- ā as in tall
- i as in bit
- ī as in beet
- u as in put or foot
- ū as in brute or cute
- e/ai- as in bay or hey
- ṛ (retroflex) tongue lightly flicks roof of mouth
- r (slightly in front of retroflex) tongue lightly flicks roof of mouth
- ś (palatal) as in shame
- ṣ (retroflex) similar to dish
- c always soft as in church
- ṅ (guttural) like sung
- ñ (palatal) as in canyon
- ṇ (retroflex) like renown
- t/d (dental) tongue directly behind teeth
- ṭ (retroflex)- tongue curls back to roof of mouth, similar to train.
- h- never silent. Always makes an aspirated sound.
- sudhāri is pronounced sud-hāri
- hātha is pronounced hāt-ha phala is p-hala
- the symbol ~ nasalizes the vowel

1. LABIAL
2. DENTAL
3. RETROFLEX
4. PALATAL
5. GUTTURAL

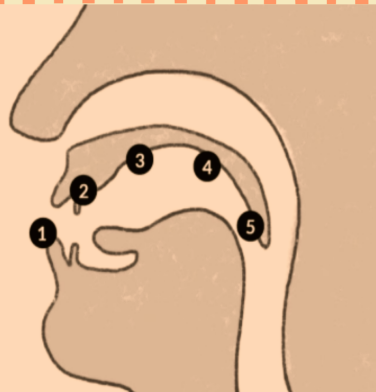


Fig. 1 Positions of the mouth